



3

9

4

10



8

2

5

11



7

1

6

12



LEFT



15

16



14

17

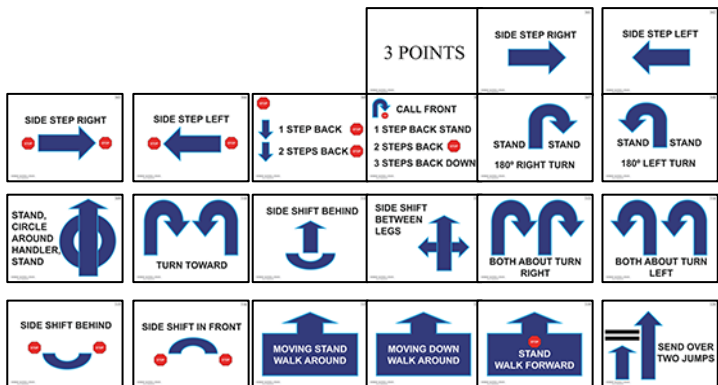
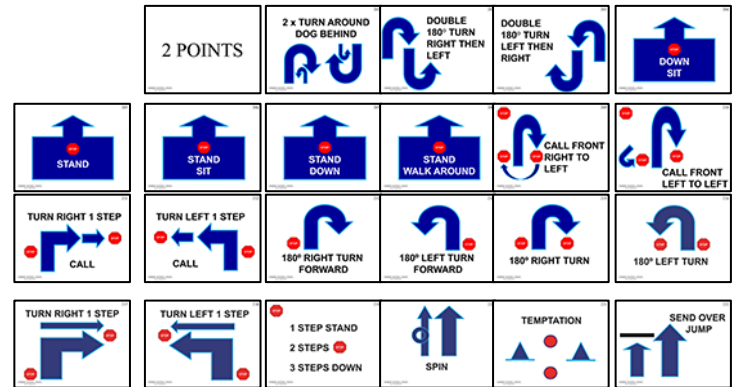
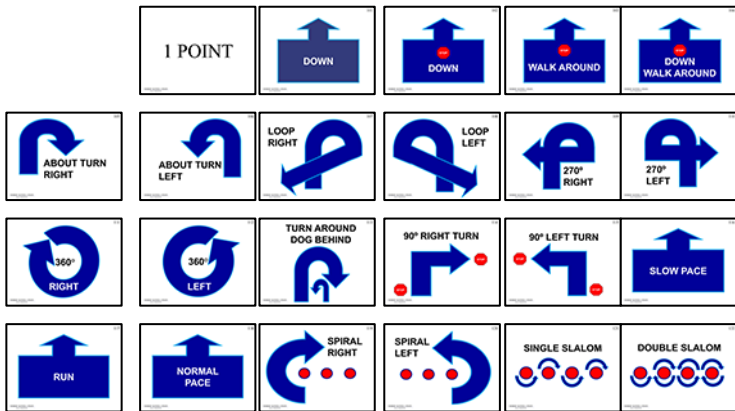


13

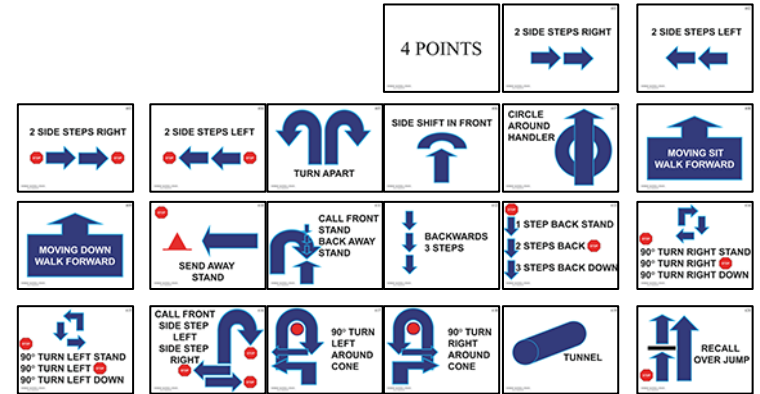
18



Sign no	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Exercise	412	402	405	416	406	307	412	402	405	416	406	307	411	306	310	309	312	313		



1	11
2	12
3	13
4	14
5	15
6	16
7	17
8	18
9	19
10	20



The course must contain:

- A Start sign
- Minimum 5 exercises of value 3
- Minimum 7 exercises of value 4
- 18-20 exercises
- A Finish sign

